SR Indoor T&F – December 2011

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	27 (Nov) off	28 (Nov) First day of Indoor Season Practice 2:40 – 5:15	29 (Nov) Practice 2:40 – 5:15	30 (Nov) Practice 2:40 – 5:15	1 Practice 2:40 – 5:15	Practice 2:40 – 5:15	Practice 8:00 – 11:00
2	4 off	5 Practice 2:40 – 5:15	Practice 2:40 – 5:15	7 Practice 2:40 – 5:15	8 Practice 2:40 – 5:15	9 Practice 2:40 – 5:15	S.A.T.'s 10 Practice 8:00 – 11:00 A.C.T.'s
3	off	Practice 2:40 – 5:15	Practice 2:40 – 5:15	Practice 2:40 – 5:15	Practice 2:40 – 5:15	Practice 2:40 – 5:15	Merli Invite @ bubble
4	off	Spiked Shoe Invite @ NYC Bus at 1:00pm -or- Practice 2:40 – 5:15	20 Practice 2:40 – 5:15	21 Practice 2:40 – 5:15	Practice 2:40 – 5:15 Raffle Drawing	off 11:50am dismissal	off Winter Break
5	Christmas off Winter Break	off Winter Break	27 Practice (?) 8:00 – 11:00 Winter Break	Practice 8:00 – 11:00 Winter Break	Practice 8:00 – 11:00 Winter Break	A-South Champs @ bubble (?) or Practice 8:00 – 11:00 Winter Break	A-South Champs @ bubble (?) or off Winter Break

SR Indoor T&F – January 2012

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	off Winter Break	off Winter Break	Colts Neck Friends @ bubble ? -or- Practice 2:40 - 5:15	4 Practice 2:40 – 5:15	5 Practice 2:40 – 5:15	Practice 2:40 – 5:15	7 Ocean County Relays @ bubble Bus at 7:00am
7	off	9 Practice 2:40 – 5:15	Practice 2:40 – 5:15	Practice 2:40 – 5:15	Practice 2:40 – 5:15	NJSIAA Group 4 Relays @ bubble Bus at 1:30pm	off
8	off	16 M.L.K. day off	Mid-Winter classic @ bubble Bus 1:30pm -or- Practice 2:40 - 5:15	18 Practice 2:40 – 5:15	Ocean County Champs @ bubble Bus at 1:30pm	20 Practice 2:40 – 5:15	New Balance Games @ NYC Bus at 5:45am
9	off	23 Practice 2:40 – 5:15 English Q	Practice 2:40 – 5:15 Language/History Q	25 Practice 2:40 – 5:15 Math/PE Q	Practice 2:40 – 5:15 Science/Makeup Q	Shore Conference Champs @ bubble Bus at 1:30pm	28 off S.A.T.'s
10	29 off	30 Practice 2:40 – 5:15	91 Practice 2:40 – 5:15	1 (Feb) Metropolitan Games @ NYC Bus @ 1:00pm -or- Practice 2:40 - 5:15	2 (Feb) Practice 2:40 – 5:15	3 (Feb) Practice 2:40 – 5:15	4 (Feb) JV Meet @ bubble Practice 8:00 – 11:00

SR Indoor T&F – February 2012

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	29 (Jan) off	30 (Jan) Practice 2:40 – 5:15	31 (Jan) Practice 2:40 – 5:15	Metropolitan Games @ NYC Bus @ 1:00pm -or- Practice 2:40 – 5:15	Practice 2:40 – 5:15	Practice 2:40 – 5:15	Practice 8:00 – 11:00
11	off	Varsity Classic @NYC Bus at 1:00pm * Qualifiers only	7 Practice 2:40 – 5:15	8 Practice 2:40 – 5:15	9 Practice 2:40 – 5:15	NJSIAA South 4 Sectional @ bubble Bus @ 1:30pm * Qualifiers only	off
12	off	13 Practice 2:40 – 5:15	14 Practice 2:40 – 5:15	15 Practice 2:40 – 5:15	16 Practice 2:40 – 5:15	17 Practice 2:40 – 5:15	NJSIAA Group 4 Champs @ bubble BUS TBA (PM session) * Qualifiers only
13	off	President's day off	21 Practice 2:40 – 5:15	22 Practice 2:40 – 5:15	23 Practice 2:40 – 5:15	24 Practice 2:40 – 5:15	Meet of Champs @ bubble Bus TBA * Qualifiers only
14	off	27 Practice 2:40 – 5:15	Eastern States @ NYC Bus at 1:00pm * Qualifiers only	1 (Mar) off	2 (Mar) off	3 (Mar) 1st Day of Outdoor Season Practice 2:40 – 5:15	4 (Mar) Practice 8:00 – 11:00

SRT&F – March 2012

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	26 (Feb) off	27 (Feb) Practice 2:40 – 5:15	28 (Feb) Eastern States @ NYC Bus at 1:00pm * Qualifiers only	off	off	1 st Day of Outdoor Season Practice 2:40 – 5:15	Practice 8:00 – 11:00
2	5 off	6	7	8	9	Nike Indoor Nationals @ RLC – Boston * Qualifiers only	Nike Indoor Nationals @ RLC – Boston * Qualifiers only
3	Nike Indoor Nationals @ RLC - Boston * Qualifiers only	13	14	15	16	17	18
4	off	20	21	22	23	24	25
5	26 off	27	28	29	30	31	1 (Apr)

SRT&F – April 2012

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	1	2	3	4	5	6	7
7	8	9	10	11	12	13	14
8	15	16	17	18	19	20	21
9	22	23	24	25	26	27	28
10	29	30	1 (May)	2 (May)	3 (May)	4 (May)	5 (May)

SRT&F – May 2012

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29 (Apr)	30 (Apr)	1	2	3	4	5
10							
	6	7	8	9	10	11	12
11							
	13	14	15	16	17	18	19
12							
	20	21	22	23	24	25	26
13							
	27	28	29	30	31	1 (June)	2 (June)
14							

SRT&F – June 2012

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	27 (May)	28 (May)	29 (May)	30 (May)	31 (May)	1	2
15	3	4	5	6	7	8	9
16	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30